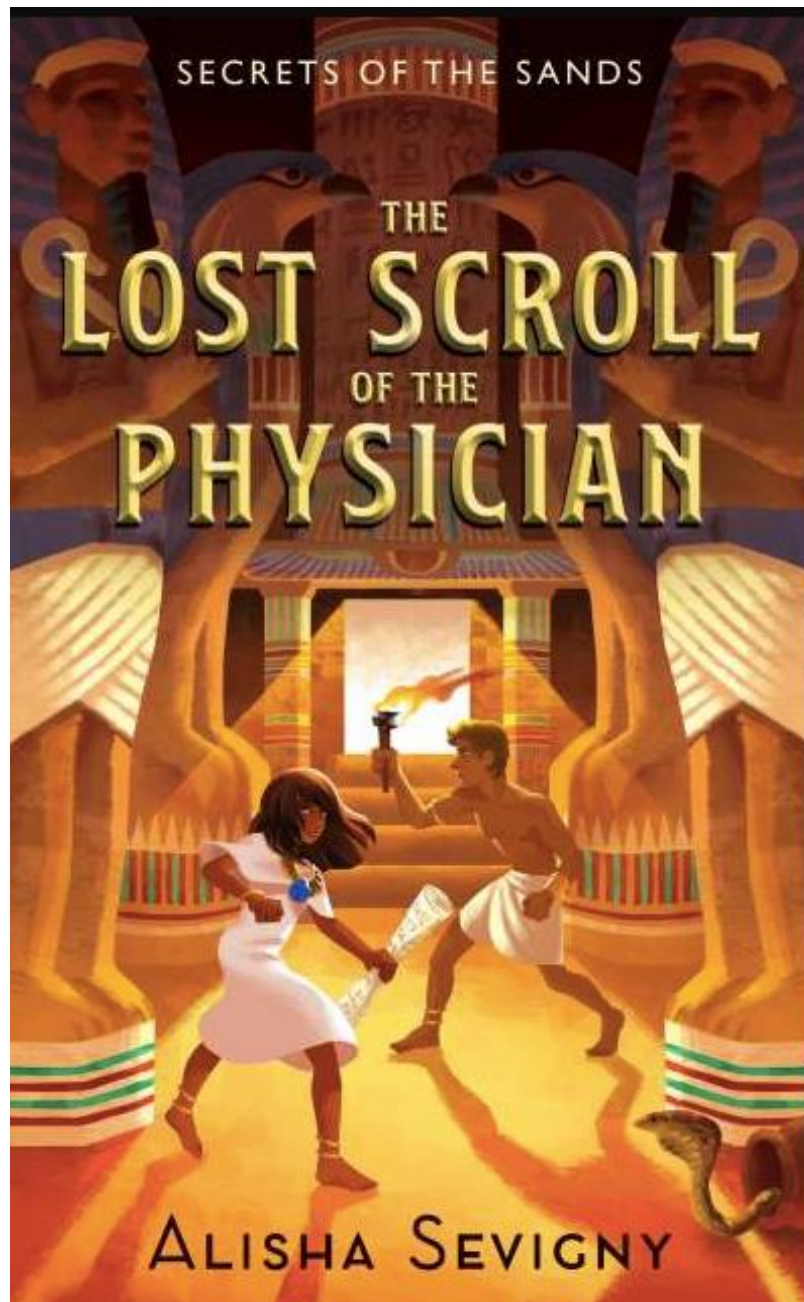


# The Lost Scroll of the Physician

By Alisha Sevigny

## Readers' Guide



## Pre-Reading Activity

- Show what you already know! Complete the chart about everything you already know about these Ancient Egyptian figures. Also indicate anything you would like to know about these figures as well.

Ancient Egyptian Figure	What You Know	What You Want to Know
Cleopatra		
Tutankhamen		
Imhotep		
Ra		
Anubis		
Isis		
Osiris		
Queen Nefertiti		
Hatshepsut		
Akhenaton		



# Chapter 1

## Questions

1. What is Sesha doing when we first meet her?
2. What is Ky's relation to Sesha?
3. Why is the woman angry at Ky?
4. Who is Apep?
5. What animal helps save Ky and Sesha from the market?

## Follow-Up Activity

- Music activity: Help Sesha charm the cobra snake! Your job is to help compose a piece of music, to then play on the recorder (or any other instrument), to soothe the snake. This is what you have to include:
  - Only use the notes: B, A, and G. These are the first 3 notes you learn on the recorder, so students should be familiar. There will be an attached link for further explanation.
  - The piece should be in 4/4 time with 8 bars
  - Include the treble clef, time signature, the bar separations, and the notes on the sheet provided.
  - Each bar should have 4 beats in total
- Students are encouraged to be creative, but not over-complicate the rhythms, or it will be hard to play the piece. They can test out the piece after completing the composition if they have a recorder near them!
- How-to play B, A, G: <https://woodwind-instruments.wonderhowto.com/how-to/play-notes-b-a-and-g-recorder-with-mrs-hill-349753/>
- Blank music staff sheets:
  - <https://templates.office.com/en-us/Music-staff-paper-12-per-page-TM06118235>
  - <https://www.blanksheetmusic.net/>



# Chapter 2

## Questions

1. What name does Ky give to the dog?
2. Where does the setting of this story take place?
3. Who does Sesha think was involved with her father's death?
4. What did Sesha's father find before his death?
5. Who finds Sesha and Ky by the fire?
6. What does the angry vendor suggest they do with Sesha and Ky?
7. Where does Sesha demand to be taken?

## Follow-Up Activity

- You are on the run! And you don't know when you will be returning home. What are 5 essential items that you would bring with you? Why would you bring these items? Explain in detail. Remember: you don't know how long you will be on the road for, so choose these items carefully!
  - Materials needed: lined paper or group/partner discussion.



## Chapter 3



## Questions

1. Where do the guards end up taking Sesha and Ky?
2. Who is the current heir to the throne?
3. What is the Queen's name?

## Follow-Up Activity

- Design your dream palace! If you had the chance to live like royalty, what would it look like? Create a floor plan of what this palace would look like. Make sure to include: bedrooms, kitchen, washrooms, and any other entertainment-like rooms. (movie theatre, arcade, swimming pool, etc) You don't have a limit to what you can include, so be creative! If you have time, you can lay out the specific details of what each room would look like.
- Some floorplan sites:
  - They have a free version that would be perfect for this activity:  
<https://www.edrawsoft.com/free-floorplan-templates.html>
  - <https://www.smartdraw.com/floor-plan/floor-plan-templates.htm>
- Students can choose to do the non-digital version by using a blank sheet of paper.



## Chapter 4



## Questions

1. What is the name of the new physician and what does he look like?
2. What does Sesha want to look for?
3. Does Ahmes know where Great Imhotep's scroll is?
4. Where does he suggest the scroll is being kept?
5. Who already searched that location?

## Follow-Up Activity

- Learn more about the fascinating elements of Ancient Egypt! Here's a game about the Pyramids provided by the Royal Ontario Museum:
  - <https://www.rom.on.ca/en/learn/activities/games/pyramid-party>



## Chapter 5

## Questions

1. What does Wujat say is contained on the scroll?
2. Why was the scroll hidden for so long?
3. What does Ahmes suggest for Ky to do?
4. Why does Sesha want to find the scroll?

## Follow-Up Activity

- While Sesha is still looking for the lost scroll, it's now your job to create your own! Follow the instructions in the link down below.
  - <https://www.crayola.com/crafts/egyptian-papyrus-paper-craft/>



## Chapter 6

## Questions

1. What insight does Nebet offer Sesha to comfort her?
2. What other jobs does the Pharaoh suggest for Sesha instead of becoming a doctor?
3. What "campaign" is there worry of at the end of the chapter?

## Follow-Up Activity

- Oh no! There are enemies coming to the palace! It's time to get more familiar with the Ancient Egyptian landscape to be better prepared. We will be making a map of the area with salt dough. The instructions are at the link below.
  - <https://outsidetheboxlearners.com/ancient-egypt-activities/> (\*salt dough map activity\*)



# Chapter 7



## Questions

1. What tasks does the Pharaoh enlist Sessa to do?
2. Who is Mau?
3. Why does Kewat think Sessa took so long to return to the palace?

## Follow-Up Activity

- **Character Collage List.** There are a lot of characters mentioned in this book. Your job is to compile the 5 most important characters we have met so far! Search for pictures of how you think these characters would appear if you had the chance to cast them in a movie. You also have the option to draw/ illustrate them if you don't want to find pictures. You can either print the pictures out, or digitally include them on a document/powerpoint. Include a quote about them from the book, or an interesting fact about them that distinguishes them from other characters. This activity is to help you keep track of all the characters.

Character Name	Image/Drawing/Picture of Character	Interesting and Important Facts about Character




## Chapter 8



### Questions

1. Who are the enemies that the Pharaoh and council are worried about invading their land?
2. What is another problem that the palace is dealing with besides war?
3. Despite all the troubles ongoing, what is Sesha excited about at the end of the chapter?
4. Who does Sesha have to keep an eye out for?

## Follow-Up Activity

- Sesha is having trouble navigating her way around the palace. Help her out by completing these maze activities:
  - Printable maze sheets: <https://freeprintablepuzzles.co.uk/mazes/create>
  - Online puzzles (to avoid physical printing): <https://www.y8.com/tags/Maze>



## Chapter 9

## Questions

1. What does Queen Anat tell Tutan that becoming a great king requires?
2. What does Sesha remember from the night of her father's death?
3. What gift does the Pharaoh give Sesha?

## Follow-Up Activity

- Learn more about the fascinating life of pharaohs with the link down below:
  - <http://www.pbs.org/empires/egypt/special/lifeas/pharaoh.html>
- While the Valley of the Kings was created after the period in Ancient Egyptian history that this book takes place in, it is quite interesting! Here is more information about it in the link down below:
  - <https://www.nationalgeographic.com/history/archaeology/valley-of-the-kings/>



## Chapter 10

## Questions

1. What tasks will Sesha be doing as a medical student?
2. What does word “seba” mean?
3. According to Wujat, what happened to the priest who showed the lost scroll to Sesha's father?
4. What are the first things that Wujat and Sesha do when entering the temple?
5. What does Nebifu say to Wujat about Sesha joining the school?

## Follow-Up Activity

- Hieroglyphics are a huge part of Ancient Egyptian culture, and through the job as a scribe. Here's an activity to learn how to write your name in hieroglyphs:  
<https://www.rom.on.ca/en/learn/activities/classroom/hieroglyphs>





# Chapter 11



## Questions

1. What is the proper treatment for involuntary loosening of the bowels?
2. What are the names of two of the students that are studying with Sesha?
3. Where does Sesha need to go in the temple to find out more information about the scroll?
4. What advice did Sesha learn from her father in connection with her task?

## Follow-Up Activity

- Do some research on the basic roles of a medical student, and physician in Ancient Egypt. How is their work similar to or different from the work of doctors currently? Jot down a few important points that you come across!

Role	Information about role in Ancient Egypt	How it is similar to (+) or different from (-) than this role in present day society



## Chapter 12



### Questions

1. Why was one of the cooks supposedly fired?
2. What is Sesha teaching Princess Merat to do?
3. What payment does Princess Merat offer Sesha for her lessons?
4. Why does Princess Merat wish to be tutored?

### Follow-Up Activity

- Princess Merat wants to be a poet! Practice writing some poems to share with her.
- Here are some guidelines of different types of poems to try out: haiku, limerick, acrostic, etc.
  - <https://www.familyfriendpoems.com/poem/article-write-a-structured-poem>
  - <https://www.poetry4kids.com/lessons/poetry-writing-lessons/>
  - <https://penandthepad.com/types-poetry-kids-8593552.html>



## Chapter 13



### Questions

1. What are possible reasons that Kewat might be sick?
2. What event is Ky going to that has upset Sesha?
3. What is the importance of a scribe?
4. Why does Reb tell Sesha that her “pride is something to behold”?

### Follow-Up Activity

- Temples are an important structure in this book! Learn more about Ancient Egyptian temples through the link down below. Play the game on the site after you’re done the reading:
  - <http://www.ancientegypt.co.uk/temples/index.html>



# Chapter 14



## Questions

1. What is Akhet?
2. What explanation does Paser give to Ahmes as to why Sesha and Reb are fighting?
3. What punishment does Ahmes give to Sesha, Paser, and Reb for being involved in the altercation?
4. What does Paser want to sneak off and look for in the temple?

## Follow-Up Activity

- Festivals were an important part of Ancient Egyptian culture. This book only covered one, but there are many more. Research a couple more festivals, their significance, and what was involved in celebrating these festivals.
- A place to start:
  - <https://classroom.synonym.com/traditional-ancient-egyptian-celebrations-5609.html>

Festival	Significance of this festival	How this festival is celebrated



## Chapter 15



### Questions

1. What is the significance of the prince participating in the hippo hunt?
2. What animal is lurking behind Paser?
3. What is the state of Paser when Sesha finds him?

### Follow-Up Activity

- In this chapter, the palace participated in a hippo hunt. To learn more about hippo hunting, click the links down below:
  - <https://classroom.synonym.com/did-hippopotamus-symbolize-egyptian-mythology-15955.html>
  - [https://www.metmuseum.org/toah/hd/hipi/hd\\_hipi.htm](https://www.metmuseum.org/toah/hd/hipi/hd_hipi.htm)
- An interactive map of the Nile river:
  - [http://www.eduplace.com/kids/socsci/ca/books/bkf3/imaps/AC\\_05\\_143\\_egypt/AC\\_05\\_143\\_egypt.html](http://www.eduplace.com/kids/socsci/ca/books/bkf3/imaps/AC_05_143_egypt/AC_05_143_egypt.html)



## Chapter 16



### Questions

1. Why is Ky angry with Sesha?
2. What does Tutan do to the hippo?
3. What does Merat give Sesha?

### Follow-Up Activity

- Merat gave Sesha an amulet in this chapter. So now you can make your own! Follow the instructions in the link down below:
  - <https://www.activityvillage.co.uk/ancient-egypt-salt-dough-amulets>



## Chapter 17



### Questions

1. What items does Kewat need for the test to know if she is with a child or not?
2. Why does Kewat want to do this test now?

3. Where does Ahmes insist Sesha should go at the end of the chapter?

## Follow-Up Activity

- Do you know any home remedies that treat things such as the common cold or minor injuries like a sprained ankle? Write and illustrate a procedure on instructions you might give a friend in the form of an **infographic**. Have fun with the visuals and be creative!
- Different sites you can make this on:
  - <https://www.canva.com/>
  - <https://www.hongkiat.com/blog/free-infographic-templates/>
- You can also make this by hand on a blank sheet of paper.



## Questions

1. What happened to Ky after the hunt?
2. What does Ahmes say must be done about Ky's condition?
3. What are some of the symptoms of Ky's condition according to Sesha?
4. What excuse does Reb give as to why he was late for class?
5. What were they observing in medical class?

## Follow-Up Activity

- In medical school, Sesha and her classmates were learning an introduction to mummification. Now you can try it out too by mummifying a doll, and then making a case for the mummy. Follow the links down below for further instructions:
  - <https://www.activityvillage.co.uk/mummified-fashion-doll>
  - <https://www.activityvillage.co.uk/mummy-case-for-fashion-doll>



## Questions

1. What has blocked Paser & Reb's path out of the temple?
2. What does Sesha do to help the situation?
3. Why does Paser think Reb returned Sesha's tools?
4. What does Paser offer to show Sesha?

## Follow-Up Activity

- Draw a picture or comic strip of any part of the chapter that was the most interesting to you. You don't have to include every character mentioned in the scene. You can use speech bubbles and text to support your image. Use as much detail and colours as possible!



## Chapter 20

### Questions

1. Whose study does Sesha go to?
2. Where are Paser and Sesha going to see her parents?
3. What are the subterranean chambers used for?

## Follow-Up Activity

- We're going to learn more about Ancient Egyptian artifacts.
- Go to the MET's website and click the link of their past exhibitions:
  - <https://www.metmuseum.org/exhibitions/past-exhibitions>
  - This link will directly lead you to the museum's past Ancient Egyptian exhibits: <https://www.metmuseum.org/search-results#!/search?q=ancient%20egypt&orderByCountDesc=true&page=1&searchFacet=Exhibitions>
- Choose a piece of art from that exhibit, and answer the questions down below:

Art Object Analysis

What kind of object is it? \_\_\_\_\_

Which past exhibit was this a part of? \_\_\_\_\_

What is it made out of? \_\_\_\_\_

Does it have a use, other than art? If so, what? \_\_\_\_\_

When was it created? \_\_\_\_\_

Where is it from? \_\_\_\_\_

Describe what it looks like: \_\_\_\_\_

Other Interesting facts: \_\_\_\_\_



## Chapter 21

### Questions

1. What items are in Sesha's parents' burial room?
2. Where does Sesha want to go after seeing her parents?
3. What does Sesha find in the house?

## Follow-Up Activity

- We will be doing another mummification experiment, to see what the process would hypothetically look like. Click the link down below for instructions:
  - [http://www.sciencekidsathome.com/science\\_experiments/mummy\\_experiment.html](http://www.sciencekidsathome.com/science_experiments/mummy_experiment.html)



## Questions

1. Who is Merat to be married to?
2. Who does Sesha suggest that Merat is interested in?
3. What substance does Sesha feel when she puts her hand into the medical bag?

## Follow-Up Activity

- Write a journal entry in the perspective of Merat concerning how she is feeling about her arranged marriage. Some topics you can include: other love interests, the sadness she is feeling of leaving her friends and family, how her life will change, etc.
  - Materials needed: any piece of blank paper (lined would be preferred)



## Questions

1. Why does Sesha think someone put brain in her medical bag?
2. Why were the priests upset with Sesha's father when he was alive?
3. What was the result of Kewat's test?
4. What does Kewat ask of Sesha in relation to her pregnancy?

## Follow-Up Activity

- Answer this question. Do you think Kewat's reasoning for choosing Sesha to be her doctor was a valid choice? Explain why or why not.
  - Materials needed: any piece of blank paper (lined would be preferred)



## Chapter 24



### Questions

1. What remedy does Sesha give to a handmaiden with a large, itchy, red patch?
2. When does Sesha think the best time to look around the temple for the scroll is?
3. What is the plan that Sesha has come up with?

### Follow-Up Activity

- Imagine you are Sesha. What would be your plan of action to search the temple for scroll? Include how many people would need, and how you would organize this operation. Make sure to include lots of detail for clarity. You may use pictures, images, and little maps, to support your plan. You do not need to follow exactly what Sesha did in the book. Be as creative as possible!
  - Materials needed: blank paper



## Chapter 25



### Questions

1. How does Paser help Sesha and Reb prepare for their task at the temple?
2. What does Paser have to show Sesha in the temple?
3. What do Paser and Sesha discover in the secret chamber?

### Follow-Up Activity

- If you had a secret chamber, what prized possessions would you put in it? You can draw a picture, or list all of the items you value that you wouldn't want to be lost. There is no limit to how much to include.



## Chapter 26



### Questions

1. Why does Sesha think her father went to such extremes to hide the scroll from the other priests?



2. Who finds them when they're leaving with the scroll?
3. Who taught Paser how to fight?

## Follow-Up Activity

- We have learned about the rich past of Ancient Egypt through the secret chamber in the temple. To learn even more about their history, some fun memory cards:
  - <https://researchparent.com/ancient-egyptian-mythology-cards/>
- You can learn from these, and test your friends later to see how much you know



## Questions

1. Which location in the palace does Sesha suggest they go to talk about the scroll without being overheard?
2. Who does Sesha, Reb, and Paser bump into when trying to reach that location?

## Follow-Up Activity

- Have fun completing some Ancient Egyptian word searches:
  - <https://www.puzzles-to-print.com/printable-word-search/ancient-egypt-word-search.shtml>



## Questions

1. What does Ahmes want Sesha to do with the scroll?
2. But what does Sesha want Ahmes to do first before handing it over?
3. What is Ky's response to learning that Ahmes will perform the surgery on him?
4. Why did Ky storm off at the end of the chapter?

## Follow-Up Activity

- Follow-up of the scroll activity.



## Chapter 29



### Questions

1. Why does Sesha think that Paser is not acknowledging her presence?
2. Why does Kewat come looking for Sesha?
3. Why is the Pharaoh angry at his daughter Merat?
4. What does the Pharaoh demand of Sesha?

### Follow-Up Activity

- Get ready for script writing! In this book, the full dialogue of Princess Merat opposing her arranged marriage is not described. Imagine you are a script writer and describe the event in lots of detail. Say exactly what you think each character might've said, just like it would happen in an actual script.
  - Materials needed: lined paper



## Chapter 30



### Questions

1. What does Sesha instruct Paser to find out?
2. What is the significance/importance of the scroll?
3. What decision does Ky have to come to terms with?
4. What happens to Ky at the end of the chapter?

### Follow-Up Activity

- If you were Ky, would you risk the surgery? List the pros and cons. Explain why, or why you wouldn't have the surgery. Be detailed! Make sure to include how you came to that decision.
  - Materials needed: lined paper



## Chapter 31



### Questions

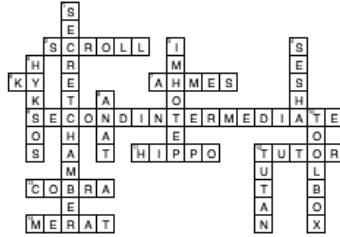
1. What is the initial result of the operation?
2. What does Sesha give Pharaoh?
3. Why didn't the pharaoh know about the hidden chamber of riches in the temple?

4. Who saves Sesha from the vendors?

## Follow-Up Activity

- Complete this crossword based on the book so far:
  - [https://www.puzzle-maker.com/start?O=539014ad6ps1ivU6nDU2uws3gom1kuec4&StartPuzzle=The\\_Lost\\_Scroll\\_of\\_the\\_Physician\\_Crossword\\_Puzzle.cw](https://www.puzzle-maker.com/start?O=539014ad6ps1ivU6nDU2uws3gom1kuec4&StartPuzzle=The_Lost_Scroll_of_the_Physician_Crossword_Puzzle.cw)
  - Answer Key:

The Lost Scroll of the Physician Crossword Puzzle



- Complete this crossword of Ancient Egyptian knowledge:
  - <https://www.activityvillage.co.uk/egyptian-gods-crossword>
  - [https://www.ducksters.com/games/crossword\\_puzzle/ancient\\_egypt.php](https://www.ducksters.com/games/crossword_puzzle/ancient_egypt.php)



## Questions

1. What questions does Sesha ask to Nebifu before she releases him?
2. Why don't they release Nebifu from the cell?
3. Why does Sesha think Queen Anat didn't tell the pharaoh of the chamber?
4. What theory does Paser bring up that shocks Reb and Sesha into silence?

## Follow-Up Activity

- Would you have released Nebifu from the cell? Do you think it was right for Nebifu to not disclose the secret chamber to the pharaoh? Do you think his justification for keeping it a secret from Pharaoh was valid? Explain or discuss in groups why or why not.
  - Materials needed: lined paper



## Chapter 33



### Questions

1. Who do they encounter in Sesha's father's tomb?
2. What explanation does the queen give to Sesha about her father's death?
3. What does Queen Anat want to do with the scroll? And for what purpose?
4. Who was Merat given to?
5. Who does Sesha realize started the fire that killed her parents?

### Follow-Up Activity

- Participate in this Ancient Egyptian game to learn more about the tombs:
  - <https://www.nms.ac.uk/explore-our-collections/games/discover-ancient-egypt/discover-ancient-egypt/egyptian-tomb-adventure/>



## Chapter 34



### Questions

1. What does the queen intend to do with Sesha, Paser, and Reb?
2. Who commanded the guard to stop sealing them in the tomb?
3. What does Paser tell Sesha with regards to them returning to the palace?
4. What does Sesha tell Ahmes to tell Ky?

### Follow-Up Activity

- Excavation activity! Queen Anat attempted to bury Sesha, Paser, and Reb in the tomb, so it's your job to help them get out!
  - <http://www.southeasternarchaeology.org/wp-content/uploads/Cookie-Excavation.pdf>